



The Sidekick for Healthier,  
Happier Aging



## What is ElliQ?

ElliQ is a digital care companion designed to empower older adults to live healthier and more independent lives.

## Features and capabilities

Here are just a few examples of the ways ElliQ can help you:

### Keeping Healthy Habits

- Exercise with easy-to-follow video workouts
- Challenge yourself and stay sharp with cognitive games
- Relax with mindfulness and stress reduction exercises
- Build healthier habits with goal setting and encouragement

### Connecting to Loved Ones

- Easily video call your family and friends
- Send and receive messages and photos
- Share your favorite memories and life lessons
- Greet your friends and family on special events using virtual cards

### Spending Quality Time Together

- Keep company with small talk, greetings, and jokes
- Continue learning and expand your knowledge through virtual tours, trips, and cultural explorations
- Enjoy music, trivia, audiobooks, and games

### Assisting with Daily Activities

- Set reminders for errands and medications
- Notify a loved one if in need of support
- Easily access to local resources and services
- Stay up to date with news, weather and sports briefing

## JOIN TODAY

Contact us at:

☎ (732) 493-8080

✉ [eallgair@elderlifemanagement.org](mailto:eallgair@elderlifemanagement.org)



**ELDER LIFE MANAGEMENT  
& HOME CARE SERVICES**

[www.ElderLifeManagement.org](http://www.ElderLifeManagement.org)



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## Frequently Asked Questions

### Is ElliQ a good fit for me?

If you're at least 60 years old and spend most of your time at home, ElliQ might be a good fit. At this time ElliQ is available in English only and is not designed for those with severe cognitive, hearing or vision impairments.

### What is required for ElliQ to work?

Electricity and a stable WiFi connection.

### Can I install ElliQ myself?

Set-up is as simple as taking the unit out of the box, plugging in the device and entering the WiFi password. From there, ElliQ will walk you through her features. That said, our Customer Success team is available to support if you need it!

### What if I need help with my ElliQ?

The Customer Success team is available from 9am ET until 5pm ET, Sunday through Friday. You can reach them at (855) 888-1295 or [help@elliq.com](mailto:help@elliq.com) for support.

### Can ElliQ detect falls and/or alert when something is wrong?

ElliQ is not equipped with fall detection and is NOT an emergency device. If there is ever any emergency, the user should call their physician or 911. With the user's explicit consent, ElliQ can update the primary contact about any changes in condition, such as pain levels, mood, or irregular self-reported health measurements.

### Can I add a family member or loved one as a contact?

Yes, you simply need to say "ElliQ, let's add a contact" and the device will ask you for the name and phone number of the person you'd like to add.

### What happens if the power goes out?

Like most electronic devices, ElliQ needs electricity to function. Simply wait for the power to come back on, allow a few minutes for your WiFi network to restart, and press ElliQ's power button. Please note that during a power outage the tablet screen will remain on, but ElliQ won't be fully functional again until you press the power button on the base.

### What happens to my information on ElliQ?

We take great care in protecting user's data. We deploy state of the art encryption and access controls and are HIPAA compliant. Our privacy policy can be found at [www.elliq.com](http://www.elliq.com). We never share information unless you ask us to do so.



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